

Appendix 2 – Locality Commissioning – multi-agency funding

Lot 1

Organisation & value of one year extension	Outcomes Purchased	6 months performance data
<p>Communities Together CIC</p> <p>Cooking healthily with a budget</p> <p>£23,365</p>	<p>192 Participants will take part in a 6 week Cooking Healthy Within a budget Course. 12 public pop up Healthy Cooking Demonstrations to community groups and at Community Events across Tamworth and sign up 1,000 people to a healthier eating pledge as well as being offered the opportunity to complete a financial well-being assessment and access individual money management support through CAB Advisors who will be on hand at the pop up demonstrations.</p>	<p>396 Pledges from Tamworth residents committing to eat more healthy</p> <p>81 participants have finished the program and received their Hygiene Certificates.</p> <p>80% of course participants are now preparing dishes using basic ingredients and feel confident to follow a simple recipe</p>
<p>Staffordshire Care Farming</p> <p>WELLIES Grow it cook it eat it</p> <p>£27,316</p>	<p>2 x 8 week (One day per week) Grow It -Cook It -Eat It Projects. This programme will include cooking and growing activities and give participants the skills to cook and grow food at home. It will also encourage exercise through gardening and countryside walks. Client group involves BRF, Families First, Community Mental Health Team referrals.</p>	<p>Baseline survey data indicates: 90% reported to be more active doing at least 6 hours activity per week. 70% reported to be cooking more and eating less ready meals.</p> <p>58 participants have completed an 8 week course</p> <p>80% of participants are vulnerable referrals eg: 16 participants were referred from BRFC and 6 referrals from Pathways Domestic Violence Project.</p> <p>87% of participants are cooking a main meal from basic ingredients 2-3 times per week.</p>
<p>Tamworth Borough Council</p> <p>Active Tamworth</p> <p>£23,606</p>	<p>Community Health Champions - to signpost members of the community to wellbeing related local services, champion Healthy Tamworth and Active Tamworth initiatives.</p> <p>Exercise for All - provide physical activity options for every individual aged 16+ in the Borough including 8 weeks free use of Cornerpost Gym. 15 new users each month.</p> <p>Walk for Health - will allow any individual in Tamworth to access to free guided walks. Community Health Champions will train as volunteer walk leaders, with short walking routes in local areas being mapped and guided each week. 2 walks per week in each of the 4 locality working areas with at least 5 people per walk.</p> <p>Sport @ ur door - This is aimed at children & young people to increase their levels of physical activity by providing them with a catalogue of</p>	<p>3 community health champions</p> <p>132 NEW Gym users who were previously sedentary</p> <p>44 sports at your door sessions held with 21 regular attendees per session.</p> <p>27 Walks with 11 walkers on average per session</p> <p>Referrals to the programme are made by GPs for a range of health issues ie high cholesterol, heart attack</p> <p>Users commented through the recent client impact review that the benefits they have experienced include a reduction in social isolation and feel more supported to achieve their health goals</p>

	sport and physical activity options in the Multi-use Games Areas & open space in their local communities. One session per week in each of the 4 locality working areas with at least 10 people per session.	
YOMP Physical Activity App £16,775	YOMP aims to get more people active, more often. Especially those sedentary or 'high risk'. This through community engagement and behavioural change techniques applied through technology (online platform and app). Aim to get between 2000 and 4000 residents signed up to the app.	APP and Website set up and tailored to Tamworth requirements 9 Teams/31 registered users/23 logged 1+ activity 385 activities logged 301hrs of physical activity 126,000 kcals burnt
CRUSE Bereavement Service £10,000	Delivery of free high quality bereavement support to those requesting it. Volunteer run. In 2013, Cruse supported 63 people in Tamworth through 284 one-one support sessions, 57 telephone sessions and 4 via group sessions. Continue to offer training in schools of how they can support bereaved children.	25 Tamworth residents supported by this service. 53 trained bereavement volunteers 100% of customer satisfaction surveys reported the service to be 'good' or 'excellent' Out of 25 clients there have been 16 referrals from GPs

Lot 3

Organisation	Outcomes Purchased	6 months performance data
Support Staffordshire/Tamworth CVS Volunteering for All £22,993	Volunteering for All (V4A) is a supported volunteering service that works with people who face such barriers, and has a strong track record in delivering the above outcomes for participants and addressing local needs. V4A employs a Volunteering Support Worker who works one-to-one with participants to understand their needs and issues, and agree a package of support tailored to their needs to enable them to engage in, sustain and benefit from volunteering. This will support 150 existing service users and recruit 25 new participants	Out of 24 survey responses - 23 reported Improved health & wellbeing, 14 Accessed health services less and 18 had improved skills as a result of volunteering. 20 NEW volunteers have engaged in the service 9 volunteers have progressed to mainstream volunteering. 12 volunteers are now confident to volunteer with a reduced level of support. 23 out of 24 participants returning the survey reported an increase in health and wellbeing 23 out of 24 participants returning the survey have reported increased confidence. This programme delivers: significant improvements in emotional health and wellbeing, learning new skills and increasing confidence for individuals with additional needs and or disabilities i.e. learning disabilities, mental health
Staffordshire Care Farming WELLIES 4 Work £27,216	Two 8-week WELLIES 4 Work programmes which encourage participants to get closer to being able to work. This would include one to one mentoring sessions to support aspiration. A four week WELLIES Volunteers Programme to give people the confidence and skills to go on to volunteering.	Wellies 4 work - No data is available until courses commence on 15th February 2015 Volunteer Program – 24 participants completed the volunteer program 19 people are going on to another programme of learning 17 people took part in a Level 2 Healthy Eating Programme 8 people passed a Level 2 Healthy Eating

		Qualification
Communities Together CIC Positive Steps for Change £15,975	'Positive Steps for Change' project is engaging with local people to make improvements to their lives. 160 individuals will be taken through a whole life assessment looking at their health, social life, work life etc and they will then put together an action plan to make positive changes to their lives. They are supported via volunteer Life Buddies who will sign post to appropriate services and give ongoing encouragement.	3 new life buddies recruited 60 participants (15 new and 45 rollover) 60 participants have personal action plans 41 out of 60 participants are unemployed 100% of customer satisfaction surveys reported the service to be 'good' or 'excellent'

Lot 4

Organisation	Outcomes Purchased	
Brighter Futures Safe and Well £26,371	The Safe and Well Service will support people with complex needs living in Tamworth who are; living alone or as a couple, at risk of losing their home, finding tasks around the home difficult to manage, struggling to make or attend appointments with GP's, Dentists or the Hospital or overly reliant on emergency type services, need help to sort out bills and debts and what benefits they may be entitled to, feeling lonely, depressed or isolated. The project will employ a full time support worker.	14 Outcomes stars have been completed 21 Benefit/Income checks undertaken Proportion of clients making progress, staying the same or slipping back over 6 months is: Big Decrease = 22% Big Increase = 56% No Change = 12%
Alzheimer's Society Dementia Support Service £7,914	The Dementia Support Service provides one-to-one support to people with dementia, carers and family members. The project will employ a Dementia Support Worker for 10 hours per week to work with 47 cases per year.	29 clients, families and carers have been supported and will be able to remain living at home for the foreseeable future. 100% of customer satisfaction surveys reported the service to be 'good' or 'excellent' All clients undertake an Individual Assessment Map (IAM). 80% of service users IAM showed an improvement in Community Living category
Home-Start Home Visit Project £29,872	Home visit support for post natal depression, relationship breakdowns, isolation, disability in parent or child, domestic violence, parenting, behaviour problems, poverty, multiple births, teenage parents. 20 trained, DBS checked volunteers available to support families days, evenings and weekends, from a wide range of social, economic and educational backgrounds. 8 volunteers into employment or training.	39 families have received tier 2 support 8 volunteers have moved on to employment or training 8 newly trained volunteers 31 are families where children are living with domestic abuse, adult mental health issues and substance abuse 72% of families are referred by Health Workers

Second Round Commissioning

Malachi Specialist Services Emotional	Provide a consultation, advice training service to designated professional working with C&YP. Provide brief therapeutic interventions to support C&YP	34 referrals for 1:1 support from the schools and college since the contract commenced this September. Year 7 students have been identified for group work but also students from other years as needing
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Wellbeing Service for Children and YP £80,000	experiencing Tier 2 (mild/moderate) difficulties with their emotional wellbeing	some group intervention. We are anticipating that group work will start after the October half term break.
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